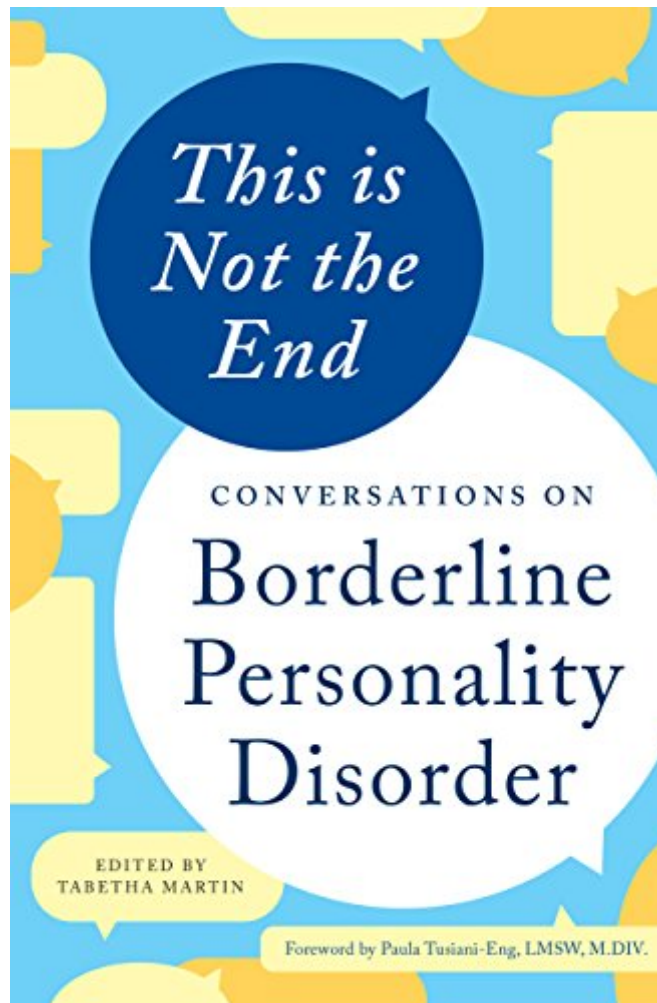


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# This Is Not The End: Conversations On Borderline Personality Disorder



## Synopsis

"I fight because it's not over. It doesn't end here." In this unique collection, individuals of all ages and stages share their experiences with Borderline Personality Disorder (BPD). Within these pages, you'll find an honest portrait of what it's like to live with BPD, from the perspective of people with BPD and their loved ones—spouses, siblings, and parents, as well as mental health professionals. By turns heartbreaking and inspiring, this collection of real-life stories, personal essays, and candid interviews explores what a Borderline Personality Disorder diagnosis looks like—from the inside. Also featuring an in-depth overview of BPD and its common treatment methods, this book is a necessary tool for expanding your self-exploration and deepening your understanding of this confusing and often destructive disorder. Edited by mental health advocate Tabettha Martin and featuring a foreword by Paula Tusiani-Eng, co-author of the classic BPD memoir *Remnants of a Life on Paper*, *This is Not the End: Conversations on Borderline Personality Disorder* provides encouragement and support for all who are seeking to heal and recover from BPD.

## Book Information

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## Customer Reviews

Wow, what a great read. I was extremely interested in this book because my sister has Borderline Personality disorder. I feel like I understand her better and have more patience since I know where she is coming from.

I ordered this book for me and my husband to read. I have BPD and the struggles he has to go through every day to deal with me and all my insane ways are terrible. He really deserves a medal but this book has opened his eyes that this is a sickness and I'm not just trying to control and destroy his life. If I could be different, I would no one would ever want to live this way. This book is about individuals of all ages and stages share their experiences with Borderline Personality Disorder (BPD). Within these pages, you'll find an honest portrait of what it's like to live with BPD, from the perspective of people with BPD and their loved ones—spouses, siblings, and parents, as well as mental health professionals. By turns heartbreaking and inspiring, this collection of real-life stories, personal essays, and candid interviews explores what a Borderline Personality Disorder diagnosis looks like—“from the inside.” Also featuring an in-depth overview of BPD and its common treatment methods, this book is a necessary tool for expanding your self-exploration and deepening your understanding of this confusing and often destructive disorder. Books like this can really help couples and families as well as the sufferer of BPD. I loved this book.

I am a professional counselor. I treat individuals with Borderline Personality Disorder, as well as a number of other psychological disorders. I am always on the search for resources for clients and their friends and families, as well as professional resources for me. I received this book *This is Not the End* to review. *This is Not the End* is about borderline personality disorder. The first part of the book explains what BPD is and the diagnostic criteria for the disorder from the fifth edition (most recent) of the American Psychiatric Association's Diagnostic and Statistical Manual (DSM-5). It also explores some common treatment modalities for BPD. The second part of *This is Not the End* is really where the meat is. It includes fifteen essays written by individuals who have Borderline Personality Disorder or those who are part of the support system (parent, spouse, therapist) of someone with Borderline Personality Disorder. These essays should be required reading for anyone treating individuals with Borderline Personality Disorder. These essays include stories of people diagnosed for only a year up to many years. There are several essays about men with Borderline Personality Disorder. Because most people diagnosed with this disorder are women, it is often hard to find writings by men who have the disorder. I really appreciated that the editor included several essays by men. The end of the book includes a lot of resources for professionals, individuals with

Borderline Personality Disorder, and family members and friends of individuals with Border Personality Disorder. It is a great list of resources. I would recommend this book to professionals, individuals with Borderline Personality Disorder, and family members and friends of individuals with Border Personality Disorder. I received this book for free in exchange for my honest and unbiased review. All opinions are my own. I was not required to write a positive review.

I recently purchased and received *This is Not the End: Conversations on Borderline Personality Disorder* by Tabetha Martin. I am a Physician Assistant, and while I don't work full time in psych, I do have to deal with and help manage different psychiatric disorders. I decided to try this book to try to help understand my patients who deal with borderline personality disorder a little better. I have been very impressed with this book. It is very simply written - not complicated or overly in depth. It talks about borderline personality disorder in a way that most non-medical people can understand. The book starts out with basic knowledge about the disorder, and how the disease is diagnosed. It then explains the different types of the disorder, other conditions that can exist simultaneously, and different types of treatment. The part of this book that is most impacting though, is the second part, which goes into different individual's personal stories. Some are from people who actually live with borderline personality disorder and others are from family members. It is a very emotional book and it pulls you in and makes you feel like you are right there in the story with them, especially if you have a loved one living with this disorder. I would recommend this book for anyone who wants to understand more about borderline personality disorder - whether you want basic information or you have someone you care about living with the disorder. It's a great book. I purchased this product at a discounted rate in return for my honest review of the product. My discount in no way affected my review of the product.

*This is Not the End: Conversations on Borderline Personality Disorder* An inside look at borderline personality disorder. I am a special education teacher and wanted to learn more about the subject. It talks about different people and their struggles with the disorder, it deals with people of all ages and stages. It talks about hitting rock bottom, relationships, struggles, and many more areas. It gives you a better understanding of this disorder. I received this product at a discount in exchange for my honest, fair and unbiased review. This is a required disclaimer but it does not make my reviews any less true. I was able to test and evaluate this product before I made this review. My reviews are completely honest and are my personal experiences with the product. I am under no obligation to provide a positive review and receive no incentives or rewards for doing so. I love product testing

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This is Not the End: Conversations on Borderline Personality Disorder Walking On Eggshells No More, A Practical Guide To Understanding, Coping And Living With Someone Who Has Borderline Personality Disorder Or Narcissistic Personality Disorder. The Buddha and the Borderline: My Recovery from Borderline Personality Disorder through Dialectical Behavior Therapy, Buddhism, and Online Dating Beyond Borderline: True Stories of Recovery from Borderline Personality Disorder Personality Disorders: The Ultimate Personality Disorder Guide 2nd Edition - Giving You Clarity, Helping You Move Forward (personality disorders, mental ... Obsessive Compulsive Disorder Book 1) Deep Thoughts of Inner Self: What Is Multiple Personality Disorder, How to Tell if You Have Multiple Personality Disorder or Dissociative Identity Disorder, Introverts and Extraverts Help! I Am In Love With A Narcissist: Narcissistic, Narcissistic Personality Disorder, Sociopath (Manipulation, Personality Disorder, Recovery Advice, Breaking Up) Narcissism: Easily Disarming Narcissists and Understanding Their Selfish Personality Disorder (Psychopath, Narcissistic Personality Disorder, Narcissist ... Mood Disorders, Con Men, Sociopath) Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality) Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety Borderline Personality Disorder For Dummies The Borderline Personality Disorder Survival Guide: Everything You Need to Know About Living with BPD Get Me Out of Here: My Recovery from Borderline Personality Disorder Cognitive-Behavioral Treatment of Borderline Personality Disorder Mindfulness for Borderline Personality Disorder: Relieve Your Suffering Using the Core Skill of Dialectical Behavior Therapy The Mindfulness Solution for Intense Emotions: Take Control of Borderline Personality Disorder with DBT Handbook of Good Psychiatric Management for Borderline Personality Disorder The Stop Walking on Eggshells Workbook: Practical Strategies for Living with Someone Who Has Borderline Personality Disorder Borderline Personality Disorder Demystified: An Essential Guide for Understanding and Living with BPD

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